



Everything you need to know about

Pediatric Rehabilitation

Rheumatology
&
Physical Medicine Department



NEW MOWASAT HOSPITAL
CARING FOR GENERATIONS



www.newmowasat.com

...IN SALMIYA

(965) 1 - 82 6666

In a field of pediatric rehabilitation we work with children to encourage their development in movement and motor skills. Some examples of motor skills are: rolling, sitting, crawling, walking, running, jumping, climbing stairs, throwing and catching a ball. The main rehabilitative task is to increase in all aspects their functional abilities and to prevent permanent deformities to appear.

Creating an individual therapy program which may include: strengthening exercises, stretching, balance activities, positioning and functional activities, etc. Sometimes exercises are done in the Butterfly bath (Hydrotherapy).

In the Rheumatology and Physical Medicine Department, a well trained and dedicated team of Physical Therapists supervised by a Consultant Physician work together to achieve the goals in Pediatric rehabilitation:

- Decrease the complications that could occur such as contractures formation, adhesions, etc.
- Maintain joint and connective tissue mobility.
- Help maintain the children awareness of movement.
- Maintain physiologic elasticity and contractibility of the muscles.
- Develop coordination and motor skills for functional activities.
- Improve circulation and vascular dynamics.

For more information and appointment scheduling,
please call ext. **1712 / 1748**



مستشفى الموحدة الجديد

نرعى الأجيال

... في السامية

